

# Get Involved!

**Goal:** *Students will look at ways to get involved in high school. The objective is for students to go beyond what their FMPs or Teachers are involved with!*

HAVE EVERY STUDENT MAKE SURE TO ATTEND THE CLUB FAIR! Stay tuned for the date and time!!!

**FMP/Teacher Introduction:** **FMP's will introduce themselves and share what clubs/sports they are involved with and how it has positively affected them.**

Many high school students feel there are no extracurricular opportunities for them outside of joining a sports team, but that is not necessarily true. In reality, there are usually many ways students can get involved in their schools and communities, and sports are just the tip of the iceberg! High school students can join after-school clubs, volunteer with nonprofits, intern for local businesses, or join local student leadership organizations. These are fun, meaningful activities that can teach kids a lot, introduce them to new friends, and give them ideas about what to do for in future.

Bonus: [these are the things colleges love to see on applications](#), and [they can help locate scholarships, too](#).

Remember, colleges can only accommodate a finite number of athletes, but they can never have enough active, engaged students with leadership and community service experience.

**Activity 1:** In small groups have students make a list of clubs, activities, sports or groups they are einterested in involved in. Then have students share out.

**Activity 2:** Have students change groups and have them think of one thing they like to do and then have the group figure out what they could do at school that aligns with it. If the group gets stuck have the whole class help!

**Activity 3:** Have students create a list of ways they will become involved with and find a friend in class they can join with. Then have the students create a reminder to join / get more info.

## Sports:

Football

Soccer

Golf

Volleyball

Swimming

Tennis

Cross Country

Cheerleading

Poms

Basketball

Wrestling

Bowling

Gymnastics

Baseball

Track

Badminton

Water polo

Softball

Rugby

## Clubs:

Adventure Club

Anime

Art Club

Auto Club

Best Buddies

Blast/NEIU

Business Club

CARE

Culinary Club

Cultural Diversity

Dance Crew

Ecology

Freshman Class

Freshman Mentor Program (FMP)

Futuros traductores y locutores Translators

Broadcasters

GLOW!

Intramurals

JSA Debate Club

Junior Class

Latino Club

Mathletes

Multilingual Club

Improv Club

National Honors Society

Photo Club

Robotics

SAALT

Scholastic Bowl

Senior Class

Snowball

Spanish Honor Society

Sophomore Class

Student Council

Theatre

Video Club